



For nutrition facts, healthy eating resources, and other food service-related information, please visit: <http://www.wayne.k12.in.us/foodserv/index.htm>

### Wayne Township Child Nutrition

School lunches must provide age/grade appropriate calorie levels and 1/3 of the recommended dietary allowances for protein, calcium, iron, vitamin A and vitamin C.

#### Mission

To efficiently provide nutritionally balanced meals according to National School Lunch Program guidelines, at a reasonable cost to the students and staff of MSD of Wayne Township, while promoting nutrition as a vital part of the education process.



This institution is an equal opportunity provider.  
Menus are subject to change.



# Breakfast & Lunch

## Menu

Breakfast *Free!* Lunch *Free!*



*MSD of Wayne Township  
Child Nutrition*

## Wayne Preparatory Academy

# Spring 2019

# Breakfast & Lunch Menu Selections

We accept Applications for Free or Reduced Lunch and Free Textbooks all school year long.

Call 317-988-7950 for more information.

## WEEK- 1

EACH DAY PB&J & CHEF SALAD WILL BE OFFERED AS ALTERNATE ENTRÉE OPTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> J&J Bar Fruit, Juice & Milk	<b>BREAKFAST</b> Dunkin' Sticks Fruit, Juice & Milk	<b>BREAKFAST</b> Otis Muffin Fruit, Juice & Milk	<b>BREAKFAST</b> Sausage Pancake on a Stick Fruit, Juice & Milk	<b>BREAKFAST</b> Yogurt & Cereal Pouch Fruit, Juice & Milk
<b>LUNCH</b> Chicken Sandwich Corn Fresh Veggies Fresh Fruit Milk & Juice	<b>LUNCH</b> Sloppy Joe Sandwich Steamed Broccoli Celery Sticks Canned Fruit Milk & Juice	<b>LUNCH</b> Chicken Drumstick w/ Biscuit Savory Carrots Side Salad & Fresh Veggies Fresh Fruit Milk & Juice	<b>LUNCH</b> Hamburger or Cheeseburger Baked Beans Fresh Veggies Canned Fruit Milk & Juice	<b>LUNCH</b> Big Daddy Pizza Seasoned Green Beans Baby Carrots Fresh Fruit Milk & Juice

## WEEK- 2

EACH DAY PB&J & CHEF SALAD WILL BE OFFERED AS ALTERNATE ENTRÉE OPTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> J&J Bar Fruit, Juice & Milk	<b>BREAKFAST</b> Dunkin' Sticks Fruit, Juice & Milk	<b>BREAKFAST</b> Otis Muffin Fruit, Juice & Milk	<b>BREAKFAST</b> Cinnamon Bun Fruit, Juice & Milk	<b>BREAKFAST</b> Yogurt & Cereal Pouch Fruit, Juice & Milk
<b>LUNCH</b> Chili Dog California Blend Veggies Baby Carrots Canned Fruit Milk & Juice	<b>LUNCH</b> Meatball Sub Oriental Blend Veggies Side Salad & Fresh Veggies Fresh Fruit Milk & Juice	<b>LUNCH</b> Chicken Smackers w/ Roll Mashed Potatoes & Gravy Broccoli Florets Canned Fruit Milk & Juice	<b>LUNCH</b> Turkey & Cheese Sandwich Spiced Apples Celery Sticks Fresh Fruit Milk & Juice	<b>LUNCH</b> Top n' Go Nachos Refried Beans Baby Carrots Canned Fruit Milk & Juice

\*\* Fresh Juice & Ice Cold Milk offered daily with Lunch & Breakfast\*\*



January					February					March					April					May				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
7	8	9	10	11					1					1	8	9	10	11	12			1	2	3
14	15	16	17	18	4	5	6	7	8	4	5	6	7	8	15	16	17	18	19	6	7	8	9	10
21	22	23	24	25	11	12	13	14	15	11	12	13	14	15	22	23	24	25	26	13	14	15	16	17
28	29	30	31	18	19	20	21	22	18	19	20	21	22	29	30	20	21	22	23	24				
					25	26	27	28							27	28	29	30	31					